

SUMMER PRIDE WEIGHT ROOM SCHEDULE

HIGH SCHOOL FOOTBALL

JUNE 6TH - JUNE 29TH - MONDAY/TUESDAY/THURSDAY
JULY 10TH - 20TH - MONDAY/TUESDAY/WEDNESDAY/THURSDAY
JULY 31ST - AUG. 3RD MONDAY/TUESDAY/WEDNESDAY/THURSDAY
6:30 AM - 8:00 AM
JULY 3RD - 7TH DEAD WEEK

JUNIOR HIGH BOYS

JUNE 6TH - JULY 20th - MONDAY/TUESDAY/WEDNESDAY
8:00 AM - 9:15 AM
JULY 3RD - 7TH - DEAD WEEK

JH AND HS GIRLS

JUNE 6TH - JULY 20TH - MONDAY/WEDNESDAY
9:30 AM - 10:15 AM
JULY 3RD - 7TH - DEAD WEEK

ELEMENTARY STUDENTS

JUNE 6TH - JULY 20TH - MONDAY/WEDNESDAY
9:30 AM - 10:15 AM
JULY 3RD - 7TH - DEAD WEEK

PICK 6